

ALF Catering – Menus for John of Gaunt School

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage & Bacon Pasta Bake	Beef Bolognese	Roast Gammon	Hot Dogs	Fish Fingers
Option 2	Vegetarian Sausage Pasta Bake	Veggie Bolognese	Quorn Fillet	Vegetarian Hot Dogs	Vegetable Goujons
Served With...	Rainbow Salad	Spaghetti and Garlic Bread	Baby New Potatoes, Seasonal Vegetables, Yorkshire Pudding & Gravy	Potato Wedges & Baked Beans	Chips and Peas
Pudding	Ice Cream	Apple Flapjack	Banana Muffins	Pancakes and Sauce	Oaty Crunch

Also available every day, **Week One**, **Week Two** or **Week Three**,
Packed lunch with Cheese or Ham Sandwiches or Jacket Potato with Cheese and/or Beans filling

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pepperoni Pizza	Sausage Roll	Beef and Onion Puff Pastry Pie	Chicken Nuggets	Fish Fingers
Option 2	Margherita Pizza	Vegetable Sausage Roll	Vegetable Puff Pastry Pie	Veggie Nuggets	Veggie Spring Rolls
Served With...	Green Beans and Corn on the Cob	Baked Beans & Baby New Potatoes	Seasonal Vegetables, Mash & Gravy	Oven Baked Curly Fries & Rainbow Salad	Chips and Baked Beans
Pudding	Rocket Lolly	Fridge Cake	Sprinkle Cake	Oaty Bar	Blueberry Cake

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Fishcake	Chicken Noodle Stir-fry	Pigs in Blankets	Beef & Veg Burrito	Fish Fingers
Option 2	Vegetable Cake	Quorn Noodle Stir-fry	Cheese & Onion Parcel	Vegetable Burrito	Vegetable Fingers
Served With...	Cheesy Garlic Bread & Rainbow Salad	Mixed Baby Vegetables	Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy	Mexican Rice	Chips and Baked Beans
Pudding	Dinky Doughnuts	Jelly and Fruit	Chocolate Crackles	Apple Crumble and Custard	Chocolate Shortbread

Week One dates: 15th April 6th May 3rd June 24th June 15th July

Week Two dates: 22nd April 13th May 10th June 1st July

Week Three dates: 29th April 20th May 17th June 8th July