

Physical Development

Encourage children to develop overall body-strength, balance, co-ordination, and agility by building superhero obstacle courses outside to complete, including walking along benches, jumping through hoops, running between cones, climbing over blocks, crawling through tunnels. Target throwing outdoors. Learn about healthy eating, hygiene the importance of exercise and keeping teeth clean. Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, tooth brushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian.

PE Focus: Dynamic balance on a line and Static Balance: Stance

Personal, Social and Emotional

Talk to the children about special qualities they have and their own individuality. Explain that these are real superpowers and praise children when you see them being kind, helpful and polite to each other. Look at people who help us photos. Discuss what makes these people real life heroes. Do the children know anyone in their family with these jobs? Discuss being brave with the children. Superheroes often have to be brave when they might feel a bit worried or scared. Can the children think of a time when they were brave? Encourage the children to work together to build superhero hideouts and dens.

Mathematics

- Count up to ten objects
- Represent, order and explore numbers to ten
- One more or fewer, one greater or less
- Days of the week, seasons
- Sequence daily events
- Explore addition as counting on and subtraction as taking away
- Counting and sharing in equal groups
- Grouping into fives and tens
- Relationship between grouping and sharing

Literacy

Share stories:
Elliott Midnight Superhero
Supertato
and non-fiction books about front-line workers
As well as daily story times

Write some 'secret codes' onto white paper using white wax crayons. Challenge children to discover the codes by painting over the top with watery paint. Can they say what happens when the paint touches the wax? Can they read the codes?

Provide the children with a simple map of your outdoor area. Hide a soft toy outside and explain that a villain has captured the toy. Ask the children to become superheroes and use their maps to find and rescue the toy.

When we invite real-life heroes into our school, such as police, fire etc. Can the children ask questions to find out more about them? Can they write their question down?

Study the story Eliot and the Midnight Superhero. Learn about the 5 part story. Can children help an adult to read the sentence and draw the pictures for the 5 parts.

Encourage children to write a thank you letter to people who help us.



Understanding the World

Health, exercise and oral hygiene, sleep, wellbeing, screen time. Understand that some people are important to members of their community and have a significant role in keeping everyone safe. We will have a visit from the Police to talk about how they can help us and when we might need to contact them. Visit from the Fire Service, looking inside their van and learning how they help within our community and finding out what their equipment does. Visit from Sheringham Shantymen. Children will learn measuring, mixing, cutting, greasing and decorating skills to produce police biscuits. Watch videos and find out together about front-line workers and our real life heroes.

**RE: Why is the word God important?
How do people believe the world was created?
Creation story
God as a deity**

Communication and Language

Listen to and learn about non-fiction books related to police, fire. Talk through 5 part story and encourage children to use connectives when adding parts together.

Provide walkie-talkies and set up superhero hotlines. Encourage children to answer the phone using superhero social phrases, such as 'Good Afternoon, how can I help you today?'

Ask children to think about what their superpower might be. Encourage them to describe how they would use their powers to the rest of the group. Children make up their own superhero names and design their hero, telling an adult about their drawing. Pin up a cape on a display board for 'super vocabulary'. When children learn a new word, they can write it down and pin it onto the cape.

Encourage the children to tell stories about the characters, which they can ask an adult to scribe.

Expressive Art and Design

Partake in a Superhero Dance
Experiment mixing colours to make some pop art and test out some stippling techniques.

Listen to music to inspire imagination.

Know Earth and identify on a globe the UK on a globe/map.

Invite the children to design their own superhero cape. Provide a range of materials and allow them to explore the different marks they can make on their cape. Can they discuss their design with an adult? Why did they design it that way? Why have they chosen that colour?

Create a stage area with capes and masks for the children to wear.

Create a superhero den using cardboard boxes and invite the children to decorate the den in a way that reflects their superpowers.

Superheroes

Reception Curriculum 2023 / 2024 Spring 1

