



Newsletter

Issue 2 Autumn 2021

Message from Mrs Toplis, Head of School

It seems impossible that we are over half way through this half term already! The weather has really changed and reminded us that this is known as the Autumn Term for a reason. Please make sure that your child has layers of clothing on as we are still required to keep our ventilation levels high so as the weather gets colder so do the classrooms.



We have had a great half term so far. The children have really settled well back into normal systems and processes and are enjoying spending time with each other. It is lovely to have whole school assemblies again and to think that the last time our Year 2 children sat in a whole school assembly was in the first term of reception is slightly mind boggling. We have been able to welcome visitors from our local churches to lead our assemblies and the children have enjoyed learning about Peace and dressing up as St. Michael and his Dragon.

The children are enjoying their new topics and you should have received the curriculum letters sharing what they are learning this half term. All the letters are available on our website if you are unsure and also every week the home learning is updated should you ever find yourself having to access remote learning. The teachers will always upload work for you to do at home but there may be a short time delay if they have already started teaching for the day, and you can therefore use the website in the meantime.

Every week the Year 1 and 2 children have a computing lesson from Mrs Stevens. We are looking for volunteers for Wednesday and Thursday afternoons from 1pm to support the children and Mrs Stevens with their computing. If you think that this is something that you could offer please speak to me in the playground or send me an email.

A reminder that we finish for half term on Thursday 21st October at 3.10pm.

CE Toplis

Dates for your Diary

6.10.21 - Year 1 Maths Parent Workshop via zoom (9.30am - 10.30am)

13.10.21 - Year 2 Maths Parent Workshop via zoom (9.30am - 10.30am)

22.10.21 - School closed (please see information in newsletter)

10.11.21 - Reception Maths Parent Workshop via zoom (9.30am - 10.30am)

Week beginning 15.11.21 - Parents Evenings

23.11.21 - Family Learning afternoon (hopefully)

16.12.21 - Rotary Carol Concert (evening)

School finishes for half term on Thursday 21st October 2021

Attendance Watch

Our target school attendance figure is 96.0%.

Our current figure is

94.3%

The best Class this week was

Elephants on 96.4%

Aylsham Sports Hub All Stars

During October Half Term the Aylsham Sports Hub is running some fun activity sports sessions for children. **Please see the flyer at the end of this newsletter.**

We are able to provide a limited number of 50% subsidised places to our families who are in receipt of income based Free School Meals. If you think that you would qualify for this and you would be interested in your child attending the sessions at the subsidised rate please enquire with Mrs Lord in the office who will have a form for you to complete. Full payment at the subsidised rate will be required on approval of the booking to secure your child's place.

For all other bookings please follow the instructions on the flyer.



Parents Evening

Just a small change to dates for parents evenings. Due to some teachers having other course commitments we have needed to change a couple of dates.

Mrs Gillett will run her parents evenings on Monday 15th and Wednesday 17th November

Mrs Farmer will run her parents evenings on Tuesday 16th and Thursday 18th November

We are just getting school cloud set up and then you will receive an email shortly inviting you to book your time slot.



Young Minds Mental Health Day

Friday 8th October is #Hello Yellow 2021 Day. Young Minds have organised a day across the country where they are encouraging everyone to wear yellow and donate to the charity Young Minds who support young peoples mental health.

At John of Gaunt we are having a real focus this year on creating a school wide approach to mental health and well being for everyone in our community. The pandemic has been tough on everyone and it has had an impact on many peoples mental health including our children. We want to raise the profile of mental health and well being and support everyone with strategies and support to ensure that we all have positive mental health and well being and then when troubles arise the support is there. We have a number of staff trained as mental health champions and mental health first aiders.

Please support the vital work that Mind do by sending your child in wearing something yellow on Friday 8th and donating what you can for us to send to them.



Covid

Since 19th July schools and other educational places including all childcare settings are no longer being asked to conduct routine contact tracing. As with positive cases in any other setting, NHS Test and Trace will work with either the positive case – or in the case of children – the parents, carers or guardian of the positive case to identify close contacts.

NHS Test and Trace already manages the contact tracing process for the rest of society – including children who have recorded a positive PCR test – and has expertise in supporting people to identify close contacts.

How that process works and what you need to do if your child tests positive for COVID-19.

Self-isolating and taking a test

1. If your child has any of the following symptoms,

a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

they should self-isolate and you should inform us in the usual way.

You should immediately order a PCR test for them. If the PCR result is negative, they can stop self-isolating (unless instructed to self-isolate for other reasons). If the PCR result is positive, they must self-isolate until 10 days after the onset of symptoms.

Other members of the household should self-isolate where required to do so in line with published guidance <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If your child has a positive result from a lateral flow device (LFD) test, they should self-isolate – and you should inform us in the usual way. You should immediately order a confirmatory PCR test. If the confirmatory test is taken within two days and the result is negative, they can stop self-isolating (unless instructed to self-isolate for other reasons). If the confirmatory PCR test is positive (or is taken more than two days after the LFD), they must continue to self-isolate until 10 days after the LFD test. If you do not get a PCR test within two days they should continue with their 10 day self-isolation.

Other members of the household should self-isolate as required in line with published guidance <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

PCR tests can be booked online through the website <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/> or by calling 119.

PCR test results will be recorded with NHS Test and Trace automatically, but we would ask that you also keep us informed.

Contact tracing

If your child gets a positive PCR test result, NHS Test and Trace will contact you, using the details you registered when ordering the PCR test. You and/or your child will be asked a series of specific questions designed to identify who your child has been in close contact with. Being in an education or childcare setting with someone who has tested positive for COVID-19 will not necessarily mean a person is identified as a close contact.

2. You will be asked to provide the contact details, if you know them, of any of the individuals – or their parents or guardians – who have been identified as close contacts. NHS Test and Trace will then get in touch with these close contacts and provide appropriate instructions or advice (see below).

Self-isolation and/or testing of close contacts

From 16 August, if the close contact is under 18, they will not have to self-isolate (in line with the policy for fully vaccinated adults) but will be asked to take an PCR test immediately, other than for very young children (under five years old) identified as **non-household** contacts, and they will not need to self-isolate while awaiting the results of the test. If the PCR test is positive, they will be required to self-isolate for 10 days from the date of the test. NHS Test and Trace will then get in touch to identify close contacts (see points 5 and 6 above).

Further guidance on guidance for households with possible or confirmed coronavirus (COVID-19) infection is available here <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection#exempt>

Further guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person is available here <https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>



Parent Support Advisor

Parenting isn't easy and sometimes things can get tough. As a parent/carer you want what is best for your child.



Our Parent Support Advisor is available to listen and support your family with any issues or concerns from home or school you may be facing.

She may not have all of the answers, but she can offer:

- A confidential listening ear
- Help to enable you to express your concerns about your child to the school and act as a link between school and home
- Support and advice if you have concerns about your child's social, emotional or behavioural development, helping you to nip things in the bud before they get serious
- Support with transition - as they start or move between schools
- Give hints and tips about general parenting issues
- Help to find services and other agencies who are available to help you and your family including financial signposting
- Help with issues around school attendance

Carol Flatters is our cluster Parent Support Advisor, she can be contacted by e-mail at cflatters@aylshamhigh.norfolk.sch.uk or by text/telephone on 07780 922545

If you would like to meet Carol she will be at Aylsham High School on

Wednesday 24th November 2021

Wednesday 16th March 2022

Wednesday 11th May 2022

9.30am – 10.30am

Please feel free to pop in and see her – no appointment required

Alternatively please contact Carol by e-mail or phone at any time throughout the school year (term time only)



It takes a Whole Community to Educate a Child

We are delighted to offer parents/carers the opportunity of joining a free support session. The session will be led by our Social, Emotional and Mental Health Officer, Sara Dale.

Managing Anxiety

Wednesday 13th October

9.15am - 10.45am

Aylsham High School

This FREE session offers support to families who struggle with a variety of anxiety related concerns and symptoms.

During the session you will learn a variety of coping strategies.



Please book your place by contacting Monica Harding our Family Learning Co-ordinator: mharding@aylshamhigh.norfolk.sch.uk or telephone/text 07780 887348.



October half term FUN for kids at Aylsham Sports Hub

Monday 25 th October	9am-1pm	Mini All Stars	4-6 yrs
Tuesday 26 th October	9am-3pm	All Stars Sport	7-12 yrs
Wednesday 27 th October	9am-1pm	Mini All Stars	4-6 yrs

All Stars Sport: A variety of team games which may include football, bench ball, cricket, basketball, rounders and dodgeball. Also including some more challenging activities to stimulate thinking skills.

Mini All Stars: A mixture of mini sports and activities designed for younger children which may include dodgeball, football, hockey and playground games. Also including fun parachute group activities and musical party games.

All Stars Sport – £25 per session

Mini All Stars – £18 per session

Please provide water bottles, snacks, a packed lunch and suitable clothing for your child.

Please contact Aylsham Sports Hub for more information on 01263 738966

Email: memberships@aylshamsportshub.co.uk or find us on Facebook

All Stars sessions should be booked via our online booking system, please visit www.aylshamhigh.com/aylshamsportshub

