



THE  
AYLSHAM  
COMMUNITY  
TRUST  
(FAMILIES)

**It takes a Whole Community to Educate a Child**

# Emergency First Aid at Work

Tuesday 28th September 9.30am - 4.30pm

*Please bring a packed lunch.*

**FREE** one day training course leading to an  
Emergency First Aid at Work certificate.

**Venue - Emmanuel Church, Cawston Road, Aylsham, NR11 6BX**

**Free parking available at Buttlard carpark, Mill Road, NR11 6DU**



This **FREE** course is suitable for anyone who might need to provide first aid to someone who is injured or becomes ill while at work. The course covers a range of accidents and first aid emergencies that could be encountered in the workplace. Learners will develop skills and confidence to help someone who is; unresponsive and not breathing, including how to use an automated defibrillator (AED), unresponsive and breathing, having a seizure, choking, bleeding heavily, suffering from shock or burns.

If you are thinking about returning to work, career progression options or training to work in a new industry this certificate may be a useful addition to your CV.

*This course will be delivered by Lisa Whatnall from Clarion Futures.*

**For more information or to book your place contact**

**Lisa Whatnall from Clarion Futures email [lisa.whatnall@clarionhg.com](mailto:lisa.whatnall@clarionhg.com)**

**or call/text on 07770 704740.**

**For information about The Aylsham Community Trust (families)**

**courses and workshops please telephone Monica Harding 07780 887348.**

