

THE  
AYLSHAM  
COMMUNITY  
TRUST  
(FAMILIES)

**It takes a Whole Community to Educate a Child**



# Summer Holiday Family Learning Activities

A selection of summer themed activities perfect to enjoy together as a family.



# Baby Turtles

Are you ready to weave these extremely cute baby turtles?  
This is a fun and easy craft for children of all ages.

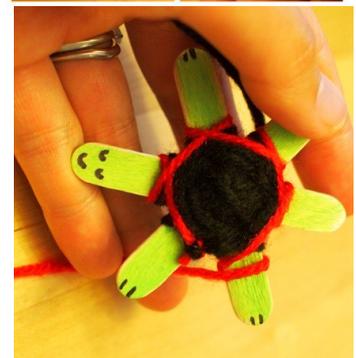
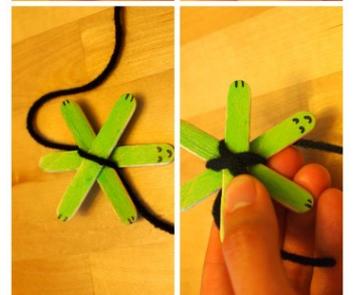
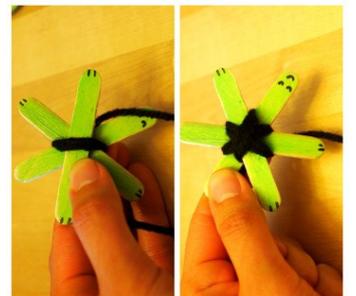
## You will need:

- 3 x lollipop sticks
- Wool
- Black marker pen
- Green paint or felt tip pen
- *Optional Glue gun*



## Method

- Using green paint or a felt tip pen colour in the lollipop sticks and leave to dry.
- Once dried draw a smiley face and some toes on the sticks.
- If you have a glue gun, glue the lollipop sticks together, this will secure the shape in place. Don't worry if you don't have one, but ask an adult to help start off the weaving as the lollipop sticks may move around to start with.
- Start weaving, place the wool over a lollipop stick, wrap it around once, and then place the wool over the next lollipop stick, wrap it around, keep repeating the process, over and around.
- To change colours, simply tie on another piece of wool.
- Once you have finished weaving tie the last piece of wool to the first piece to stop it from coming undone.



# Recycled Yogurt Pot Snake

This is a simple craft project which will help you and your child transform your recycling bits and bobs into colourful super snakes.

## You will need:

- 9 x clean yogurt pots
- Old gift wrap paper
- Wool
- Scissors
- Googly eyes or marker pen
- Red ribbon or red paper
- PVA glue
- **Optional** Plastic darning needle
- **Optional** Sticky tape



## Instructions:

1. Measure and cut out the paper into strips to cover the yogurt pots. You may like to cut out some extra shapes to add as decoration.
2. Using the PVA glue, glue the paper onto the yogurt pots.
3. Thread the wool onto the plastic needle. If you don't have a plastic needle, wrap sticky tape around the end of the wool to make it stiff enough to pull through the hole.
4. Pierce a hole into the middle of the yogurt pot you want to use as the head. This is a little tricky, ask an adult to help. (You could push a pencil into the base of the pot with a rubber behind to make hole.)
5. Pull the wool through the hole, do not cut the wool off!
6. Stick on the googly eyes or draw them on with a marker pen.
7. Cut a snake tongue from the ribbon or red paper and glue or tape onto the front of the pot.
8. Pierce a hole into the next yogurt pot but thread it reversed so you have two tops coming together.
9. Continue threading the yogurt pots until they are all attached. On the final one tie a knot, leave an extra length of wool so that your snake can be pulled along.



# Chocolate Tiffin

Go all out and treat yourself to these chocolate tiffin slices. They are fantastic to take on picnics. Be warned they wont last long! Makes 12–15 slices.

## Ingredients:

- 150g butter, cubed, plus extra for the tin
- 3 tablespoons caster sugar
- 3 tablespoons golden syrup
- 6 teaspoons cocoa powder
- 225g digestive biscuits
- Handful of raisins
- 110g milk chocolate
- 110g dark chocolate

**Important -If you have a food allergy/intolerance please select appropriate ingredients.**



## Method

1. Butter and line a 15-20cm tin with baking parchment.
2. Crush the biscuits in a paper or plastic bag.
3. In a large saucepan, carefully melt the butter, sugar, syrup and cocoa. Stir through the crushed biscuits and raisins.
4. Pour the mixture into the prepared tin and press down and smooth the top with the back of a spoon.
5. Microwave both chocolates in short 20 second bursts, stirring frequently., until melted.
6. Pour the chocolate over the mixture in the tin and smooth over with a spoon.
7. Put the tin in the fridge and leave for about 2 hours to set.
8. Cut into slices and enjoy!



# Salt Dough Starfish



Salt dough is easy to make and only needs two store cupboard ingredients, some water and a bit of creativity!



## You will need:

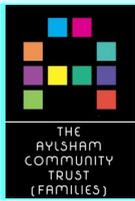
- 2 x cups of flour
- 2 x cups of salt
- 1 x cups of water
- Mixing bowl
- Spoon



## Instructions:

- Mix all the ingredients together in a bowl until thoroughly combined. Tip - add the water a little at a time.
- Knead for a few minutes until the dough is soft.
- To create a starfish shape, start with a ball of dough. Gently pull five 'blobs' evenly spaced around the centre to become the points. Try to make them as equal as possible. You can always add more dough to or take some off if a starfish point is too small or too big.
- Gently pull each point and shape it to look like a starfish.
- Add some small 'blobs' and dimples to give your starfish some texture.
- There are so many different varieties of starfish. A simple Google search will give you lots of ideas!
- If you have some paint you may like to paint your starfish bright orange!





# Summer Lemonade

You can't beat a classic lemonade for the ultimate refreshing summer drink. This simple homemade recipe is easy and perfect for everyone to enjoy on a hot summer's day.



## Ingredients

- 6 x washed, unwaxed lemons
- 125g granulated sugar
- Water
- **Optional** Sparkling water and Ice cubes



## Method

- To make the syrup; remove the zest of the lemons with a peeler or grater, avoiding the white pith.
- Place the zest in a medium saucepan with the sugar and 400ml of water.
- With an adult place the pan on a low heat and bring to the boil slowly, stirring to dissolve the sugar. Once the syrup comes to the boil remove it from the heat.
- Juice the lemons and add the juice to the sugary water.
- Leave to cool completely. Then strain the syrup into a bottle or clean jug and chill until needed.
- To serve, dilute the syrup with chilled water or sparkling water. (just as you would for cordial) adding ice cubes if liked.



Lemonade syrup lasts for up to 3 days in the fridge.

# Nature Scavenger Hunt

Before starting this activity you may like to discuss with your child the dangers of eating berries, wild mushrooms and how to look for small creatures without disturbing them.

## I Spy Scavenger Hunt

What's in the garden?




Bee




Buttercups




Ant




Tree




Feathers




Butterfly




Sticks




Puddle




Snail




Clouds




Web




Beetle




Leaves




Mushrooms




Ladybird




Bird




Soil




Spider




Pebbles



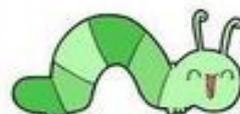

Clover




Worm




Daisy




Caterpillar




Dandelions

There are lots of fun activities that you can do during the Summer holidays to keep your family happy; here are a few ideas:

Get your kids closer to nature with '50 things to do before you're 11 $\frac{3}{4}$ ':

[www.nationaltrust.org.uk/50-things-to-do](http://www.nationaltrust.org.uk/50-things-to-do)

The beach is a wonderful place to be. If you're heading to the coast, take a look at the R.N.L.I advice to help you have fun and stay safe:

[www.rnli.org/safety/beach-safety](http://www.rnli.org/safety/beach-safety)

The countryside is a beautiful place to walk and have picnics: The Countryside Code is a guide to enjoying parks and waterways, coast and countryside:

[www.gov.uk/government/publications/the-countryside-code](http://www.gov.uk/government/publications/the-countryside-code)

Explore walking and cycling trails across Broadland and Norfolk:

[www.southnorfolkandbroadland.gov.uk/market-towns-visitor-economy/walking-cycling-broadland](http://www.southnorfolkandbroadland.gov.uk/market-towns-visitor-economy/walking-cycling-broadland)

Discover Norfolk's Deep History Coast:

[www.visitnorthnorfolk.com/Deep-History-Coast](http://www.visitnorthnorfolk.com/Deep-History-Coast)

Discover and learn about Norfolk's wildlife:

[www.norfolkwildlifetrust.org.uk/discover-and-learn](http://www.norfolkwildlifetrust.org.uk/discover-and-learn)

Visit one of Norfolk's museums:

[www.museums.norfolk.gov.uk](http://www.museums.norfolk.gov.uk)

