



John of Gaunt Infant & Nursery School

Part of the Aylsham Learning Federation

16th March 2021

Dear Parents and Carers

Please find attached to this letter a leaflet about asymptomatic testing of households or childcare bubbles.

As you know we as staff have been carrying out twice weekly Lateral Flow Tests (LFT) since January. This offer has now been rolled out to households where there are school aged children and or childcare bubbles. The tests are very easy to carry out and are another line of defence against the spread of Covid and a way of supporting a move back to a more normal way of life.

1 in 3 people who have Covid have no symptoms and may therefore be unknowingly spreading the virus. The LFT test will identify someone who has a high viral load in their system and a positive LFT means immediate self-isolation of a household and the need for a confirmatory Polymerase Chain Reaction (PCR) test.

Participation in the testing is voluntary but the more people that take part the less the virus will potentially transmit. If you take part in LFT testing and you register a positive result, please isolate your household bubble immediately, book a confirmatory PCR test and inform school.

The leaflet explains how you can either collect tests from a test site or order tests to do at home. Included in the leaflet is a link to a YouTube video to explain how to carry out the tests.

It is important to note however, that these tests should be seen as Red light tests and not green light tests. A negative LFT does NOT mean that you can ignore all the mitigations that we are all following and you should continue to follow social distancing rules and hands, face, space rules.

If you would like any further information please do not hesitate to ask.

Clare Toplis



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