



## John Bear's Nursery

Hello everyone and welcome to a new term! We hope you are all well and have enjoyed the Easter holidays at home. Please find below some more activities to try at home. Do keep sending us your photos so we can share what you have been doing. Email to [satthill4nry@nsix.org.uk](mailto:satthill4nry@nsix.org.uk) Stay home and stay safe!

<p>Using <b>clothes pegs</b> is great for developing finger strength for writing. Can you child help peg out the washing? Find a selection of small/narrow items for your child to try to pick up and transfer from one container to another using a clothes peg.</p>	<p>Sing along with some of these <b>counting songs</b> and other rhymes on the BBC radio website. Then can you act out the rhymes with toys or create some props to go with the songs e.g. 5 currant buns - bake some buns or draw 5 buns and cut them out.  <a href="https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn">https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn</a></p>	<p><b>Healthy eating.</b> At our Family Learning session we enjoyed making fruit kebabs. Try this at home. If you don't have sticks you could make fruit salad. Can your child help in preparing the fruit? Spend time looking inside different fruit as you cut it up and talk about what they can see.</p>	<p>If you have an outdoor space, then <b>painting with water</b> is a great activity for developing arm strength with large arm movements. A pot of water and a paint brush or roller and a surface you're happy for them to wash for you e.g. patio, walls, patio doors, fence, playhouse etc.</p>
<p><b>Retell favourite stories.</b> Encourage your child to recall and tell you a familiar story that they know well using the pictures as prompts.</p>	<p><b>Draw or paint</b> real-life object(s) e.g. some flowers. Encourage your child to look at the object(s) carefully and think about the shape and colours that they can see as they draw.</p>	<p>Find some sheets or blankets and cushions and <b>build a den</b> together inside or outside. Encourage your child to add other things and toys that think they need. Let them use their imagination to extend the play.</p>	<p><b>The Body Coach.</b> Have your family been joining in with PE with Joe Wicks? If not, then give it a try. Find him on YouTube every weekday morning at 9.00. Let us know how you get on!</p>
<p><b>Sorting items by size.</b> Find lots of different footwear and shoes belonging to your family and muddle them up. Can your child match the pairs and then put them in order by length of shoe? Encourage them to talk about which ones are shorter, longer, shortest or longest.</p>	<p>If you are able to go on family walks for your daily exercise, encourage your children to use their <b>different senses</b>. Stop and listen - what can they hear? Can they smell different plants and flowers nearby? Use their looking eyes to spot birds or minibeasts on the way.</p>	<p>Cut up a sheet of paper into small pieces and <b>write your child's name</b> on most and then one for each member of your family's names. Hide all the names. Can your child find them all and recognise which ones are their name? Can they count how many they found? Can they have a go at copying/writing their name.</p>	<p>The children at nursery always enjoy playing and creating in the <b>mud kitchen</b>. Do you have some spare tubs, bowls or pans and a couple of old spoons? All they need then is some soil and water and any other bits you can collect in your garden.</p>